



PRE-OPERATIVE INSTRUCTIONS FOR PATIENTS RECEIVING SEDATION OR GENERAL ANESTHESIA

- 1. The night before surgery eat a light meal, consume no alcoholic beverages.
- 2. Your mouth and teeth should be well cleansed before your appointment. When rinsing, try not to swallow the water.
- 3. Because anesthetic medications cause prolonged drowsiness, you <u>MUST</u> be accompanied by a responsible adult who will remain at the office during surgery, drive you home and stay with you until you are sufficiently recovered. This may be up to 24 hours.
- 4. During recovery time (24 hours) you should not drive, operate complicated machinery or devices, or make important decision such as signing documents, etc.
- 5. Wear a short sleeve tee shirt, no jewelry, no contact lenses. Bring eye glasses.
- 6. If you have a change in your health, please contact our office.
- 7. If you use an inhaler for asthma or a glucometer for diabetes, please bring it with you the day of surgery.

EATING INSTRUCTIONS FOR SEDATION OR GENERAL ANESTHESIA

MORNING SURGERY-NOTHING to eat or drink after midnight, NOT EVEN WATER. NO GUM.

AFTERNOON SURGERY-NO milk products or solid foods after midnight. A clear liquid breakfast is permitted before 6:00 a.m. (water, tea, black coffee, broth, plain jello or apple juice.) **After 6:00 a.m. NOTHING, NOT EVEN WATER. NO GUM.**

HOWEVER, it is important that your take any regular medications (high blood pressure, antibiotics, etc.) or any medications provided by this office **using only a small sip of water**.

PLEASE CALL OUR OFFICE IF YOU HAVE ANY QUESTIONS

ASSOCIATED ORAL & MAXILLOFACIAL SURGEONS

John J. Otten, M.D., D.D.S. Larry D. Otte, D.M.D. Nathan D. Schroeder, D.M.D., M.S. Dan W. Kaspar, D.D.S., M.S. Robert J. Busch, D.M.D., M.D.

Consent for Oral and Maxillofacial Surgery and Anesthesia

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Please	e read each paragraph. If you have any questions, please ask your doctor BEFORE signing.
am th	here by authorize his associates and staff to perform upon myself (or upon a minor of which I he legal guardian or have healthcare power of attorney) the following procedure(s): and to administer the other sthesia I have chosen which is:
	☐ Local Anesthesia
	Local with Nitrous Oxide / Oxygen Analgesia
	☐ Intramuscular Sedation (1M) /Anesthesia
	☐ Intravenous Sedation (IV) / Anesthesia
1.	I understand other treatment options include no treatment, root canal treatment, and restorative treatment by a general dentist, which I have declined.
2.	I understand that certain complications may occur as a result of my surgery which include (but are not limited to): swelling, bruising, stiffness of jaw muscles and jaw joints (TMJ) which may be of short or long duration.
3.	With tooth extraction, I understand that there may be unexpected damage to adjacent teeth or fillings, sharp ridges or bone splinters that may require later surgery to smooth or remove, dry socket which will require additional care, or small fragments of tooth root which may be left in place to avoid damage to vital structures such as nerves or sinus.
4.	Lower tooth roots may be very close to the nerve and surgery may result in pain or a numb feeling of the chin, lip, cheek, gums, teeth or tongue lasting for weeks, months, or may rarely be permanent. On upper teeth whose roots are close to the sinus, a sinus infection may develop, a root tip may enter the sinus and/or an opening from the mouth to the sinus may occur which could require later medication or surgery.
5.	ANESTHETIC RISKS include: discomfort, swelling, bruising, infection, and allergic reactions. There may be inflammation at the site of an intravenous injection (phlebitis) which may cause prolonged discomfort and/or disability, and may require special care.

YOUR OBLIGATIONS IF IV/IM ANETHESIA IS USED

attack, stroke, brain damage or death.

Because anesthetic medications cause prolonged drowsiness, you MUST be, accompanied by a responsible Α. adult to drive you home and stay with you until you are recovered sufficiently to care for yourself. This may be up to 24 hours.

6. Nausea and vomiting, although uncommon, may be unfortunate side effects of IV anesthesia. Intravenous

anesthesia is a serious medical procedure and, although considered safe, carries with it the rare risks of heart

- В. During recovery time (24 hours) you should not drive, operate complicated machinery or devices, or make important decisions such as signing documents, etc.
- C. You must have a completely empty stomach. IT IS VITAL THAT YOU HAVE NOTHING TO EAT OR DRINK FOR EIGHT (8) HOURS PRIOR TO YOUR ANESTHETIC. TO DO OTHERWISE MAY BE LIFE-THREATENING!
- D. However, it is important that you take any regular medications (high blood pressure, antibiotics, etc.) or medications provided by this office, using only a small sip of water.

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I understand that no guarantee can be promised and I give my free and voluntary consent for treatment.

I realize that my doctor may discover conditions requiring different surgery or anesthesia from that which was planned, and I give my permission for those additional procedures and techniques that are advisable in the exercise of professional judgment.

In the unlikely event of accidental direct contact with bodily fluids, including blood and saliva. I give my consent for my blood to be drawn for testing to ensure the safety of both patients and staff.

FEMALES ONLY: To the best of my knowledge, I am currently NOT pregnant.

My signature below signifies that all questions have been answered to my satisfaction regarding this consent and I fully understand the risks involved of the proposed surgery and anesthesia. I certify that I speak, read and write English.

Doctor's Signature	Date		
click hereto digitally sign this document		click hereto digitally sign this document	
Witness' Signature	Date		
click hereto digitally sign this document		click hereto digitally sign this document	
Patient's (or Legal Guardian's) Signature	Date		
click hereto digitally sign this document		click hereto digitally sign this document	